



# AIRSCOOP

**104TH FIGHTER WING • MASSACHUSETTS AIR NATIONAL GUARD**  
*Pride, Professionalism, Patriotism* *Barnes Air National Guard Base*

July/August 2015



Tech. Sgt. Steven LaRocco, 104th Logistics Readiness Squadron, gives the thumbs up as he helps load luggage onto the KC-135 Stratotanker bound for Joint Base Pearl Harbor-Hickam, Hawaii, June 13, 2015. Story on page 4.

*Photo by Senior Master Sgt. Robert Sabonis*



*Col. Kenneth Lambrich*

## AIRSCOOP

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**PRIDE, PROFESSIONALISM, PATRIOTISM**

# Commander's Column

By Col. Kenneth Lambrich, 104th FW Vice Commander

"I was once a Barnestormer!" I know I'll repeat this phrase many times over the course of my retirement years, and each time I do, my face will be beaming with pride.

First of all, congratulations on the successful Unit Effectiveness Inspection (UEI)! The overall grade of EFFECTIVE definitely goes in the "win" column and it doesn't even begin to tell the story of how impressed the ACC/IG team was with the 104 Fighter Wing. 14 areas identified as strengths and only 10 significant deficiencies are roughly twice as good as the Combat Air Forces (CAF) average marks. The main focus however was on our internal Wing Commander Inspection Program (CCIP), which is currently being studied by ACC/IG as THE BENCHMARK for the CAF. The ACC/IG team actually took ideas, policies and documents created by our wing back to Langley for distribution to all other wings and possible inclusion into the next 90-201 re-write. The way this wing digested and implemented the CCIP and Air Force Inspection System (AFIS) was just the latest example of what is so great here. In a single word, it's CULTURE.

I've had an in-depth look at many wings in my 27 year career, and the 104th dramatically stands out from all others because of the culture here. It was noticeable on my first visit here in 2007, and I can't count the number of times I've heard guests and new-hires make unsolicited remarks about "how great things are here." It's not new, and apparently has been this way for the unit's entire history. Talk to any of the folks that were here a decade ago and they'll describe the same thing back when we were the best A-10 wing in the world.

I recently heard MG Langley, the 104th Wing Commander in the 70s, talk about how this same culture existed here when we transitioned from Sabres to Huns. There truly is something special here and it's been here a long time. It's bigger than us. Don't get me wrong, it IS the men and women of the 104th...not the mission, not the facilities, not the aircraft...the PEOPLE. What I mean to say is that it is bigger than us as individuals. Our culture as a wing makes us better than the sum of our parts as individuals. This in turn attracts some incredibly gifted individuals who make us even better. As individuals, we are both beneficiaries and stewards of this culture.

Enjoy your time here, you only get one lap and whatever is next will have a difficult

time measuring up to this experience. Care for this wing, protect and preserve our culture. As individuals we are just passing through, so value the team above yourself, give more than you take, and correct what doesn't belong. It's what Barnestormers do.

Forgive me for preaching to the choir, I get a little carried away on this topic. What I'm really trying to say is "thanks." Thanks for taking your work here seriously and doing it well. Thanks for embracing changes in mission, aircraft, procedures, budgets, whatever...and not even breaking stride. Thanks for caring for each other...the way this wing pulled together during the tragedies last year showed your true heart and still overwhelms me as I write this. Thanks for the good times...in Key West, Vegas, Alaska, Tyndall, Jordan and here at home, working at the 104th is a blast and certainly never dull. Thanks for the friendship, that's what I'll miss most and why I plan to join the large group that keeps showing up to visit from time to time. Most of all, thanks for allowing me the privilege of serving with you in the most respected Fighter Wing in the CAF.

"I was once a Barnestormer!"

Jethro

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# 104FW Mission Support Group trains in Hawaii

## By Senior Master Sgt. Robert Sabonis, 104th Public Affairs Superintendent

They say Hawaii is paradise, where the weather is perfect all year round, peaceful and beautiful, and who am I to argue or prove otherwise? However, this was just a fringe benefit of a few 104th Fighter Wing members who deployed to Hawaii to receive training and work side-by-side with their military career counterparts.

Almost 40 members of the 104th Fighter Wing were sent to Joint Base Pearl Harbor - Hickam, Hawaii for just that reason.

This was a 104th Support Group deployment which consisted of approximately 20 members from the Logistics Readiness Squadron, 10 from Security Forces Squadron, three from the Force Support Squadron, as well as the Project Officer, Maj. Dean Lambert, and the First Sgt., Senior Master Sgt. Thomas Moriarty, the deployment leadership.

The deployment started early Saturday



morning, June 13, when the members reported to the base for out processing. After checking their baggage and conducting roll call, it was time the board the KC-135 Stratotanker bound for Hawaii. It was a long 10 hour flight across the country and Pacific, but the end result of spending two weeks in paradise to train with counterparts at Hickam was on everyone's mind. Landing at about



noontime, Pacific time, the group began settling into their rooms and new surroundings. After orienting themselves to the time change, the island, and

accommodations over the weekend, the group met with Lt. Col. Samuel Payne, Jr.,



the Hickam Air National Guard Support Group Commander, Monday morning to receive a briefing about the area, training plans, and introducing them to their group leaders. At this point the 104th members were split up into their own groups, and started training within their own career fields. The following nine workdays were full of training and working along side their Hawaii Air National Guard and active duty counterparts.

The purpose of the deployment was for the troops to receive valuable training in their career fields that they may not be able to receive while at home station. "The size of Hickam along with the volume of work performed every day offers greater training opportunities to our people," said Maj. Dean Lambert, Logistics Readiness Squadron (LRS) Officer. "These opportunities allow our people access to procedures and also equipment that they may not have access too while at home station."

LRS sent unit members from the Materiel Readiness office, Travel Management Office, Vehicle Maintenance, and Vehicle Operations. Other Mission Support Group troops included members from the Security Forces Squadron (SFS) and the Force Support Squadron (FSS).

Staff Sgt. Christopher Krutka was the supervisor for the 10 members of the 104th SFS that deployed to Hickam, and he ensured that they worked and received training during those two weeks. Staff Sgt. Krutka said, "Some of what our Security Forces troops did consisted mainly of installation entry controllers, which manned three different base entry control points assisting in checking credentials for over 23,000 personnel daily, as well as securing the installation, and even responding to a vehicle accident." Sgt. Krutka went on to say, "while we were very busy with day-to-day operations, we



Staff Sgt. Christopher Krutka scans an ID at an entrance gate on Hickam Air Force Base.

were also able to enjoy some time off, which included sightseeing, hiking Koko Head, attending a luau and skydiving. It was an excellent trip and a great experience."

104th Vehicle Maintenance sent four troops on the deployment, and they were able to receive valuable training from the members of the Hawaii Air National Guard's 154th Wing, Vehicle Maintenance shop. "I thought the guys in the shop were inviting and great to work with. They definitely knew a lot about the vehicles that we received training on," said Senior Airman Brandon Sabonis. He continued to say that "The time spent in Hawaii was

*Continues on page 4*



Senior Airman Brandon Sabonis tightens Humvee wheel lug nuts while working at Hickam Air Force Base Vehicle Maintenance.

## 104FW Mission Support Group in Hawaii continued...

awesome. There were plenty of sights to see and activities to do around the island. In my opinion, the camaraderie was the best part. At the end of every day, everyone came together to share their days experiences and laughs," continued Sabonis.

Airman 1st Class Tatiana Villa worked in the Force Support Squadron at Hickam, where she worked side-by-side with her counterparts. This being her first deployment, she said, "After tech school I was given the opportunity to do my first deployment in Hawaii. It was a memorable



group received a detailed boat tour of the Memorial, which included historical accounts and the explanation of special



The group packed up and departed Hawaii around 8:00 p.m., June 26, flying through the night and through five time zones, landing at Barnes Air National Guard Base Westfield, Mass. around noontime, June 27. After disembarking the aircraft and being welcomed home by fellow unit members, everyone gathered their bags and headed home to their



*Airman 1st Class Tatiana Villa receives training from Senior Airman Oshiro while deployed at Hickam Air Force Base.*

experience in which I had the chance to train with some of the Military Personnel Flight members on various tasks. Senior Airman Oshiro taught me all about DD form 2096's (duty status change forms) and how to update them in the Military Personnel Data System (MILPDS) system. I was also trained on how to complete DD Form 214's (personnel records) by Senior Master Sgt. Orr. It was an overall enjoyable experience."

The fringe benefit of training and working in Hawaii was the ability to visit local attractions, go sightseeing, and make the most out of the visit to the island after work hours and on weekends. One such event was a commander's private tour of the U.S.S. Arizona and Pearl Harbor. The



landmarks and items around and in the harbor. The members also attended a Hawaiian luau at the Hale Koa hotel in Waikiki. Other attractions included visiting the Dole Plantation, hiking up Diamond Head and Koko Head, snorkeling at Hanauma Bay, and swimming at beaches including the North Shore and Waikiki



beaches.

The end of camp party was held at the Hickam beach pavilion, June 25, and everyone was in attendance. Capt. Steve Ortiz organized the party by reserving the pavilion, preparing the food and drinks, and everyone had a great time. Maj. Dean Lambert presented Lt. Col. Payne with an engraved plaque as a thank you for allowing the unit to work and train on the base over the past two weeks.



families, sharing their Hawaiian experience with all.

The goals of the deployment were exceeded by all who attended. Many received training that they may not have



been able to receive at home station, and everyone brought home great memories of their trip to paradise. Aloha!





## Col. James Keefe Receives Ellis Island Medal of Honor

### By Airman 1st Class Tammy Midwood, 104th Fighter Wing Legal Assistant

On May 9, 2015, Col. James Keefe received the prestigious Ellis Island Medal of Honor. The medal is given by the National Ethnic Coalition of Organizations (NECO), which is a not for profit organization started in 1986. It is an organization that celebrates the diversity of the American people, and raises funds for the awareness and maintenance of Ellis Island. NECO began awarding the Ellis Island Medal of Honor to citizens since the year that NECO was established, and continues to give out this award to 100 deserving recipients every year. The 100 recipients are citizens who have distinguished themselves within their own ethnic groups while exemplifying the values of the American way of life.

The individuals who are awarded this medal are a group of distinguished American citizens who exemplify a life dedicated to community service. These are individuals who preserve and celebrate the history, traditions and values of their

ancestry while exemplifying the values of the American way of life, and who are dedicated to creating a better world for us



all. NECO was created on the conviction of its founders that the diversity of the American people is what makes this nation great. Its mission is to honor and preserve this diversity and to foster tolerance, respect and understanding among religious

and ethnic groups. Col. Keefe was recognized on behalf of his Irish heritage, and his ongoing community efforts to preserve Irish traditions.

The Ellis Island Medal of Honor has been previously awarded to many well-known individuals who have many different backgrounds. Some of these individuals include: Presidents Bill Clinton, George H.W. Bush, Ronald Reagan, Jimmy Carter, Gerald Ford, and notable figures such as Rosa Parks, Cesar E. Chavez, Muhammad Ali, Frank Sinatra, Wayne Newton, Itzhak Perlman, Joe DiMaggio, Gloria and Emilio Estefan, Bob Hope, Quincy Jones, Mickey Mantle and many other distinguished entertainers, prominent religious figures, successful entrepreneurs, senators, congressmen, and military personnel. Each year, Ellis Island Medal of Honor recipients are listed in the Congressional Record, honoring those who have made enduring contributions to our nation and to the world.

## Know Your Benefits, Increase Dental Readiness

By Airman 1st Class Tammy Midwood, 104th Fighter Wing Legal Assistant

A number of individuals have inquired about the dental benefits available to Air National Guard members. This article will break down the who, what, when and how of obtaining dental insurance so members may obtain the benefits they need to maintain their dental readiness.

TRICARE offers dental coverage through MetLife for the following individuals: National Guard/Reserve Members who aren't on active duty or covered by the Transitional Assistance Management Program (TAMP) and dependents of National Guard/Reserve members. Additionally, National Guard/Reserve members receive active duty dental benefits if they are on Title 10 orders, or are covered by TAMP. The current monthly premium for Selected Reserve dental coverage is \$11.30 for sponsor only, \$28.24 for single, \$84.71 for a member's family, and \$96.01 for a sponsor and their family.

The services that are covered by the

TRICARE dental plan are: Exams, cleanings, fluorides, sealants, and x-rays; fillings, including white fillings on back teeth; root canals; gum surgery; oral surgery and tooth extractions; crowns and dentures; orthodontics and braces; scaling and root planing (deep cleaning) for diabetics; and additional cleaning for pregnant women.

Members whose enrollment is processed by the 20th of the month will begin dental coverage on the first day of the next month. If enrollment is processed after the 20th of the month, the member will begin coverage on the second month. For example, if a member's enrollment is processed by January 20, their coverage will begin on February 1. However, if their enrollment is processed after January 20, their coverage will begin on March 1.

There are a couple of things that a member must keep in mind when they are enrolling in dental coverage. First, sponsors must enroll in separate plans and

pay two different premiums for themselves and their family due to the possibility of a National Guard member's military status changing. The sponsor and family members will enroll separately and pay two different premium payments. Second, members must pay their first monthly premium immediately upon enrollment in the TRICARE dental plan. Lastly, when a member and their family initially enrolls in a TRICARE dental plan, they must enroll for an initial 12 month period. After the 12 month period has lapsed, members may continue their coverage on a month-to-month basis. A step by step guide on enrollment can be found at: <https://eis.ang.af.mil/org/104FW/MSG/FSS/FSS%20Customer%20Support/Home.aspx>.

For more information on TRICARE dental benefits, members may contact Tech. Sgt. Heather Dragon at (413) 568-9151, x698-1954 or DSN 698-1954 or [heather.dragon@ang.af.mil](mailto:heather.dragon@ang.af.mil).

# Unlocking potential

By Senior Master Sgt. Douglas Daponde, 104th Fighter Wing

Mentoring is about relationships that enhance individual's development in the early, middle and later career years. Mentoring is part of all our lives. Our first mentors were our parents, then teachers, coaches, and family members. Mentoring's sole purpose is so that we can reach our full potential. So what is potential?

The dictionary defines potential as, "possible, as opposed to actual, capable of being or becoming, or a latent excellence or ability that may or may not be developed." To put it into laymen's terms potential is a hidden ability, a possibility that anything **IS** possible. An individual is capable of becoming anything or anyone they want to be. To reach this potential a demand must be placed on it. There needs to be a motivation to achieve. Your ability needs a responsibility and coupled with demand creates a potential that is unlimited.

As members of the 104th Fighter Wing it seems that we have been pushed to extremes in what is expected and when it is expected. Just when we think we have

reached our breaking point our leaders ask us to do more. That is because they expect more of us than the accomplishments we already have reached. If they didn't, we



would remain stagnate, then what?

Bottom line is our true ability cannot be measured. We need to help those around us unlock their potential and not be afraid to go beyond our failures and fears. We all have the responsibility to raise expectations, face our fears, and unlock the potential and ability of those airmen we supervise, sponsor, influence, and mentor.

What are we to mentor them about? This is easy. We need to guide them on becoming the best possible member of the

104th FW by making them invaluable to the unit. We ensure they are meeting their physical, emotional, and educational needs. We help guide their careers so they can progress in a timely manner. We provided guidance on issues and irritants that stand in the way of performance personally and professionally. We provide opportunities for rigor and relevance in the workplace. We make them a full-fledged member of the team.

In order to conduct formal mentor training we need mentors! If you are interested in being a mentor please see your 1st Sergeant and let them know you would like to be a mentor. There will be minimal training on mentoring and how mentoring will be documented. You will provide information about yourself and then be put in a pool with other mentors. Anyone seeking a mentor will be able to search in the pool of mentors and select someone who has the experience or knowledge about something they need mentoring in.

## What does the Lautenberg Amendment mean for us?

By Lt. Col. Robin Peterson, 104th Fighter Wing Legal Office

The Lautenberg Amendment is a federal law that prohibits anyone convicted of a domestic violence crime from possessing a firearm. This has special significance for military members, as ours is a profession of arms. The impact is greater, of course, for those who commonly draw small arms, such as security forces. However, since Airmen in many career fields may be called upon to draw arms if deployed overseas to certain areas; and all of us must qualify periodically, knowing the basics of the Lautenberg Amendment is important.

Violation of the Lautenberg Amendment is a felony, even if the original domestic violence offense is a misdemeanor. Members who fall into this category are responsible for not drawing a firearm, and for notifying their supervisors and commanders of the situation. The prohibition also includes third parties who would furnish a firearm to anyone convicted of a domestic violence crime. So

commanders and supervisors who know or *should have known* about a subordinate's conviction are prohibited from furnishing those subordinates with firearms.



While the Lautenberg Amendment addresses those who have a domestic violence conviction, it is important to note that even if a person has not been

convicted, there may be a civil restraining order involved, most of which carry their own prohibitions against possessing firearms. While Lautenberg may not be triggered in these cases, violating the terms of the restraining order may carry significant state sanctions.

Service members are responsible for not possessing firearms if they have a domestic violence conviction or been subjected to a civil order prohibiting it. They are also responsible for ensuring their commanders and supervisors are aware of their situation if there is any possibility firearms could be issued to them.

Supervisors and commanders are responsible for not issuing firearms to members who fall under the category of a domestic violence convictee, or are the subject of an active restraining order. Any specific questions regarding the Lautenberg Amendment can be directed to the 104<sup>th</sup> Law Office at ext. 698-1244.



## Safety: How goes it?

By Senior Master Sgt. Thomas Dumais, 104th Fighter Wing Safety Office

### The unit has experienced nine injuries since the last How-Goes-It.

- Worker inspecting aircraft hose, cut finger on hose connection, surgical Glue
- Worker impact head on aircraft, lacerated head, stitches
- Off duty motorcycle rider, broke leg on slide on sand, lost workdays
- Participant performing PT Test, injured knee during run, less than 1<sup>st</sup> aid
- Worker using knife to cut item, knife slipped cutting thigh, stitches
- Off duty horse riding, fell from horse, several fractures
- Participant lifting weights, barbell impact rear of head, 1 lost workday
- Installing aircraft panel, lacerated forehead, stitches
- Worker using speed handle, impact eye, lost workday

### The unit has experienced three mishaps since the last How-Goes-It

- Aircraft impact bird, ingested into #1 engine, no damage
- AC/hydraulic test stand damaged by external power; multiple relays replaced; 10K

- Backing up box truck, impact metal light pole, broke bottom of pole/\$200

As we approach the un-official end of summer on the upcoming Labor Day Weekend, we ask each of you to remain diligent in your safety efforts. There has been a lot of crazy stuff going on in the past several weeks and each of them should help serve as a reminder to us all that we to could be a statistic if we fail to control risk! Items that come to mind from the local and national news not to mention several military fatalities are the following;

- Four occupants die in house in Maine from CO poisoning due to no working detectors!
- Several people drown in the river and ocean due to being swept away!
- Motorcycle fatalities due to speed and sand!
- Multiple shark attacks on east coast and overseas!
- Multiple vehicle mishaps/fatalities due to speeding distracted driving, and not wearing seatbelts!
- Falls from ledges leading to fatalities and injuries!

Any one of these could happen to you or a loved one if the correct risk management decisions are not made. As we approach Labor Day Weekend and the end of official summer, we ask for your help to keep everything and everyone safe. Some items you will either organize or be a part of are traveling, parties, food, swimming, boating or other end of summer event, we ask each of you to put on your smart hats and make sure the activities you and you loved ones do, are done SAFELY! This means you stepping up and taking charge for items such as; making sure adults and children are supervised around water, limiting driving times, not being distracted while driving, making sure cold food stays cold and hot food stays hot, and limiting alcohol — and if not — what's the plan to make sure everyone is safe.? To accomplish these will take planning and work, but I think you will agree it's worth the effort! After all; the end is near, but with help from each of you it doesn't have to be the end of you! Enjoy the un-official end to summer; SAFELY! We hope to see each of you on the September UTA; alive and well!



## Chaplain's Corner - The Role of the Chaplain

By Fr. Ken DeVoie, 104th Fighter Wing Chaplain

Occasionally there are challenges to the constitutionality of the Military's employment of religious Chaplains citing the separation of church and state. All such challenges continually fail.

**So why does the Chaplain exist in the military?** On July 29, 1775, General George Washington ordered the establishment of the Chaplain position within Continental Army. There has never been a time when U.S. military forces did not have a Chaplain Corps. The Chaplain Corps functions as a Commander's program as outlined in DODI's, JP1-05 and applicable AFI's. The primary function of the chaplain, and their reason for existing, is to ensure that "the free exercise of religion" clause of the Constitution is upheld. In short, the chaplain is to provide for the free exercise of religion of all service members.

### How does the Air Force Chaplain execute this responsibility?

#### Chaplain's Core Capabilities

**Advise Leadership:** Inform Air Force Leaders on matters related to religious, spiritual, ethical, moral, and morale concerns and advocate for the religious and spiritual needs of Airmen and their families.

Chaplains are charged with advising leadership at the tactical, operational, and strategic levels in managing religious affairs within the leaders' scope of responsibility. They also advise leaders on the morale and spiritual welfare of Airmen and their families within the leaders' scope of responsibility, and finally they advise commanders on resource requirements to provide warrior care and care for Chaplain Corps caregivers.

**Spiritual Care:** Meeting the diverse spiritual needs of Airmen and their families.

The Religious Support Team (RST), is the primary operating structure and model of the Chaplain's office in its execution of its mission in care for Airmen and their families. The RST is comprised of a chaplain (officer) who is a non-combatant and a chaplain assistant (enlisted) who is a combatant. As a combatant, one of the functions of the chaplain assistant is to provide for the security and protection of the non-combatant chaplain. The chaplain assistant's duties are great and varied in their functioning within the RST.

All chaplains are endorsed by an ecclesiastical endorsing agency or denomination and are bound by the rules governing their particular faith tradition. The chaplain will conduct religious services according to their particular faith tradition and

is required to facilitate for the accommodation of practices for those of different faith traditions. This may include assisting in finding resources in the local community.

The chaplain also functions as a counselor to Airmen and their families, regardless of their faith tradition or their having a belief or not. Counseling ranges from individual's seeking advice to marriage counseling for couples, and everything in between. The counsel of the chaplain is privileged communication and is 100% confidential and outside of the Chain of Command. The only one who can allow a chaplain to share information is the individual who spoke with the Chaplain. If permission is given, written consent should be obtained.

As professional officers, chaplains are non-line officers, which simply means they are not in the line to command or lead any military forces. To do so, would be a violation of their non-combatant status.

In summary, the chaplains are here to serve you in a variety of ways as you can see. At the 104th Fighter Wing, the chaplain's office is located in the front of building 12, across from the flag pole. Stop in to see them anytime or chat with them when they are walking through your work area. We want to get to know you.

Have a great Air Force day!



## A Warrior's Path to Living Meaningfully

Dr. Frank Gallo, Director of Psychological Health

Welcome back! I hope you enjoyed your summer break. This month, we'll pick up where we left off with your constructing values. Remember, values are how you want to act on an ongoing basis. They are, what do you want to keep on doing (the verbs), and how do you want to keep on doing it (the adverbs).

Take out your *Constructing Your Values* worksheet now, and look at your values. If you think about these things you value, you will usually find on the flip side things that bring up pain in you. After all, if you didn't care about something, it wouldn't hurt. For this next exercise, let's imagine your valuing *working with my co-workers effectively*. You may also choose another value if you want. You can follow pain to find your values and follow your values to find pain. It's like a coin having one side valuing *working with my co-workers effectively* and on the other side fearing *I'll make a mistake*. You may move away from pain by *calling out sick to work*. However, as you do that, your throwing away the whole coin and with it goes the possibility of valuing *working with my co-workers effectively*, which may bring up more pain for you like feeling *guilty* or *worry*. This is the flip side of moving away from pain.

### Exercise: Flipping Your Values Coin

Think about the items on your pain and solutions lists (see your *Matrix* worksheet), and your values (see your *Constructing Your Values* worksheet). Fill in the tables on the following two pages. To get you started, I've listed some examples I made up from my experience over the years and across different settings and problems.

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#### - Exercise worksheets on following two pages

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To sum up, in the service of your values, you must be willing to do things that bring up pain deep in your heart, so you can change, heal, and grow. And so others may change, heal, and grow. If you think about things you value, you will usually find painful things on the flip side. After all, if you didn't care about something, you wouldn't have any pain around it. So you can now use pain as an ally to power your living life in valued directions by

1. thanking your mind for the reminder you value something,
2. welcoming pain in,
3. making room for it,
4. treating it with kindness, and
5. plugging into your values.

Also, here are five key things to remember what values *are* and *aren't* in living a values-powered life:

#### *Values Are*

---

- Verbal statements in your head
- Chosen by you
- How you want act on an ongoing basis
- Always available for you to act on now
- What matters to you

#### *Values Aren't*

---

- Things outside of you
- What others want for you
- What you want, get, or complete
- In the future
- Something to explain or defend

Next month, I'll talk about how to get unhooked when unavoidable pain shows up, reels you in, and hooks to do the habitual thing, which knocks you off course toward living a rich, full, meaningful life.



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## HOME BASE

# 131st FIGHTER INTERCEPTOR SQUADRON MASSACHUSETTS AIR NATIONAL GUARD



Dedicated October 19, 1952

BARNES-WESTFIELD MUNICIPAL AIRPORT — WESTFIELD, MASSACHUSETTS

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## THE 131st SQUADRON

The 131st Fighter Squadron was allotted to the Massachusetts Air National Guard in May, 1946. Lt. Col. Francis H. King of Holyoke and Lt. Col. Lyle E. Halstead of Fitchburg were responsible for its operation.

Temporary quarters were at the Howard St. Armory in Springfield. Then began the search for an outstanding airfield as a base. The use of Westover was refused and the officers, without national recognition or funds, appealed to the Westfield Aviation Commission for the use of Barnes-Westfield Airport. The request was granted and the Westfield State Armory was made headquarters in January, 1947.

February 24, 1947, the 131st was given Federal recognition with Lt. Col. Halstead as Commanding Officer, Major Stefanik as Operations Officer, Capt. Edward D. Slasienski as Engineering Officer, and Lt. Allan F. Bolton as Supply Officer. Lt. Col. Carleton H. Watkins, U. S. A. F., was assigned by the army as air instructor.

Federal funds were made available but contracts and commitments had to be made in a few weeks time or the funds would be lost. Brig. Gen. Louis E. Boutwell, Commanding General of the 67th Fighter Wing, Maj. Gen. William H. Harrison, Jr., Adjutant General of Massachusetts, Lt. Col. Watkins, Lt. Col. King, and high officers representing the U. S. A. F. met with Arthur B. Long, Mayor; Charles F. Ely, City Solicitor and the Aviation Commission, consisting of Edwin W. Smith, J. E. Carey and Louis M. Fuller. Gen.

Boutwell stated that such an undertaking had never been accomplished in such a short time but if the City would join with them, the funds might be saved for the 131st. As all agreements and leases would require the approval of the Army, the State, and the City, the outlook was not promising. It was apparent that if matters were left to the mails, the project was hopeless, so Lt. Col. Watkins volunteered to fly all communications between the three parties, placing them in the proper hands and waiting for the answers. Despite all obstacles, leases and contracts were signed and approved in time. Gen. Boutwell told the Aviation Commission, "We shall always be grateful to Westfield for its aid and cooperation." In this way, the 131st came to have a home at Barnes-Westfield Airport.

In the months that followed, F47's and T-6's were delivered and the creation of a Fighter Squadron begun. The base then consisted of a clearing in the pines and a few tents on the leased area on the edge of the airport. The severe winters of '47 and '48 under those conditions were a trial and hardship to the personnel who might well have thought of Valley Forge. In '48, construction was begun in the area on a hangar and parking ramp and that year the first summer encampment was held.

The Squadron was rapidly becoming of age and in August, 1948, sixteen F-47's led by Lt. Col. John J. Stefanik participated in the dedication of Idlewild Airport. The 131st now became prominent in every air activity in New



England and took part in the Presidential Inauguration in Washington in Jan. of 49.

In May 1949, the hangar lean-to and the station were completed and 131st was able to center all operations at Barnes Airport.

The enthusiasm and energy of the officers and men resulted in astonishing progress climaxed by the presentation of the Spaatz Trophy for over-all efficiency for the year 1949. Maj. Gen. Hoag, Special Assistant to the Chief of Staff, Air Force Reserve, presented the trophy to Lt. Col. Stefanik during the 1950 summer encampment.

In Feb. 1950, the 131st pioneered a combat team movement over 1000 miles from the home base. Sixteen F-47's and two C-47's made the flight to St. Louis, Mo.

In 1950, plans were drawn for runway extensions in anticipation of jet aircraft and the construction of an administration building, a motor pool and a Maintenance building. Thru the cooperation of Maj. Gen. Harrison, Mayor Richard E. Fuller, the City Council, and the Aviation Commission, all problems were met and work was begun in July, 1950. Nov. 1951, marked the completion of the 7000 foot runway for jet operations and the buildings were completed in Dec. and occupied in 1952.

In July, 1950, the 131st made the change from F-47's to F-51H Mustangs and in Nov. 1950, a reorganization in the form of the Wing Base Plan that paralleled that of the Air

Force units added over 100 men to the rolls. During 1951, the 131st reached a peak of operational efficiency that won permanent possession of the Meacham-Pelland Trophy. This trophy is awarded by the 102nd Fighter Group to the squadron that achieves the highest degree of tactical proficiency in a three months period.

Outstanding records have been made by members. Capt. Bruno J. Grabovsky, while attending Gunnery School, established a student record in aerial gunnery. Lt. Matera and Lt. Barus placed second in an Air National Guard Gunnery Meet.

The 131st Fighter Squadron has won recognition as one of the outstanding units in the Air National Guard. Its home base is complete and one of the finest and its location at Barnes-Westfield, one of New England's leading airports, is ideal. Massachusetts and Westfield take pride in the Squadron and look forward with confidence to a future of continued achievements.

The present officers in charge of base activities of the 131st Sq. are:

Lt. Col. John J. Stefanik, *Commanding Officer*  
Maj. Bruno J. Grabovsky, *Base Operations*  
Maj. Alexander R. Robertson, *Base Supply*  
Maj. Edward D. Slasienski, *Base Engineering*  
Maj. Robert D. Wallace, *U.S.A.F. Air Instructor*  
Capt. Robert Anderstrom, *Flying Training*  
Capt. Edward J. Rumanowski, *Administration*

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## **BARNES — WESTFIELD MUNICIPAL AIRPORT**

ESTABLISHED 1923 — CLASS 4 PORT

**OWNED BY CITY OF WESTFIELD, MASSACHUSETTS**

RICHARD E. FULLER, Mayor

Administration Building

Two Hangars

Two Runways — 5000 ft., One 7000 ft., Lighted

800 Acres

Department of Commerce-Civil Aeronautics  
Administration

Traffic Control Tower

Aviation Safety Office

Air Line Stop

Westfield Squadron, Civil Air Patrol

Auxiliary Air Unit No. 915, U. S. Navy Reserves

131st Fighter Interceptor Squadron

**"A PORT NEW ENGLAND IS PROUD OF"**

### **AVIATION COMMISSION**

CHARLES J. FOGARTY  
KENNETH S. PEASE  
LEONARD SMITH  
HARRY HERMANN, Post Manager

### **IN APPRECIATION**

RALPH LERCHE  
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ANTHONY J. PARENZO

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# JOIN THE AWARDS BANQUET COMMITTEE!

The Awards Banquet Committee is looking for both Full Time and DSG members interested in helping to plan & execute the 42<sup>nd</sup> Annual Awards Banquet.



Help make decisions on:

- Food/Drink Menu
- After Awards Entertainment
- Theme, Colors, Style
- And so much more.....

If Interested, please send an email to SSgt Dacia Lucas, SSgt Jen Tittle, or SrA Amanda Savoie



# Take a weekend vacation — Get out of there!

By Master Sgt. William G. Craig, 104th FW SFS 1st Sgt.

The summer is in full swing and I was thinking about my favorite places in New England to visit. Three places quickly came to mind; Fourth cliff, Niagara Falls and NYC.

Fourth Cliff is the closest and most convenient of the locations I have listed here. This family recreation area is a peninsula, on Massachusetts' South Shore in the town of Humarock, which is just 30 minutes south of Boston.

Fourth Cliff is a military recreation area, run by the Force Support Squadron at Hanscom Air Force Base. Reservations are easy to make by calling (800) 468-9547, and staying at a place where everyone has to have some sort of military issued ID, puts me in more of a relaxing state of mind for the safety of myself and my family. Arriving at the gate of Fourth Cliff is a little strange. My GPS took me down a small, bumpy road that came to a dead end with a chain link gate. There is a guard shack on the inside of the gate so I sat in my car for a few minutes waiting. Once I realized there was no one working security at the gate, I started reading signs. One sign read, open gate and drive through,

close gate behind you. Wow, a gate to a military recreation area that was not locked and not manned! LtCol Reynolds, (ATO) would have had a fit!

Once inside, there are signs that direct you to the office. There, you check in and pick up your keys. Then it is time for you and your family to hit the beach. The Atlantic sits to the east and the North River sits to the west. The tranquility is something I have never experienced. You are free to come and go 24 hours a day. During my stay, I found a great breakfast place. It was an awesome, small, mom and pop, place. And from the looks of it, it was the place to be for breakfast. It was full of local, down home, people that were very friendly and eager to exchange stories about where I was from and why did I choose the area for a weekend getaway. Maybe it was my accent, or maybe it was because I looked so good, thanks to Sandra being with me!

I also found a great seafood place for dinner. When my plate arrived at the table, I could not believe the amount of food that was on it. I ordered the seafood platter, of course. The price was exceptionally

inexpensive and there was way too much food to be eaten. A doggy bag full of seafood was taken back to the room, to be enjoyed the next day for lunch out on the second story deck, overlooking the mighty Atlantic Ocean.

On the drive back home, we took a quick detour to visit the famous Plymouth Rock. Hey, I have never seen it before and being so close, I just had to drive out of my way for the visit. I think my reaction to the site of the rock was probably about the same reaction you had when you first saw the Alamo. 'Yep, something important once happened here. Ok cool, let's take a few pictures and go'.

Whatever you do this summer, make the most of it. Soon we will all be bundling up and combating the cold, shovels and roof rakes in hand and maybe a snow blower to go along with it. I encourage you to set a weekend or two aside and get away with the whole family. It is not only good for you to clear your mind of the stress work sometimes creates, but it will also create memories for your children that they will remember for a lifetime.

## For Your Information

### Barber Shop Open



The Barber Shop will be open for the 2015 UTA drill dates. Enter Building 008, South Entrance. POC for the Barber Shop operations call: (413) 568-9151, x698-1234.



### WALK IN LEGAL ASSISTANCE

The Legal Office provides legal assistance to all ANG members on the following legal deployment related issues: Wills, Powers of Attorney (Family Care Plans), Service members Civil Relief Act, and Employment and Reemployment Rights. Walk In Hours are available every Saturday UTA from 9a.m.-11a.m. hours. If you are unable to come during this time, please call our office at ext. 1244 to make an appointment. We would be happy to accommodate your schedule.



NOTARY PUBLIC SERVICES ALSO AVAILABLE

### BASE HONOR GUARD

#### BASE HONOR GUARD LOOKING FOR NEW MEMBERS

- Be part of the tradition of excellence
- Honor those who have fallen at military funerals
- Represent the ANG & AF at military & sporting events
- All ranks/specialties can apply

Please contact Tech. Sgt. Christine Lupacchino ([christine.lupacchino@ang.af.mil](mailto:christine.lupacchino@ang.af.mil)) or Maj. Matthew Mutti ([matthew.mutti@ang.af.mil](mailto:matthew.mutti@ang.af.mil)) by e-mail.

### ANG BOWLING TOURNAMENT

#### Save the Date

October 10-11, 2015

ANG Northeast Regional Bowling Tournament

AMF Chicopee Lanes

Primary POC: Mary Ann Lemire ([bobmaryann2@charter.net](mailto:bobmaryann2@charter.net))

On-base POC: SMSgt Scott Sanderson ([scott.sanderson.3@us.af.mil](mailto:scott.sanderson.3@us.af.mil))





## Legal position available

**Position/Title/Grade:** Paralegal/E-6

**Minimum Grade eligible to apply:** None—see below for Special Qualifications

**Unit:** 104<sup>th</sup> FW Office of the Staff Judge Advocate

**Supervisor:** Lt Col Robin Peterson

**Application Deadline:** Until filled

**POC for more information:** Lt Col Peterson, (413) 568-9151, ext 698-1244, email: robinpeterson@cox.net

**Technical/Educational background desirable:** Prior experience in legal or paralegal work desirable but not mandatory. Ability to multi-task and excellent attention to detail is mandatory. Outstanding interpersonal communications skills, untouchable personal ethics and integrity. Individual must be a self-starter, with exceptional organizational skills and the ability to manage large client loads in high tempo situations.

**Duties and Responsibilities:** Prepare documents such as wills, powers of attorney, promissory notes, bills of sale, etc. Process correspondence and maintain suspense files. Performs legal research. Process special and general courts-martial proceedings. Process Article 15 and UCMJ actions. Assist with investigations. Examine and process legal actions.

**Special Qualifications:** Individual must possess a minimum 5-level in any AFSC. Must have a minimum General ASVAB score of 60 preferred and be able to type 25 WPM.

**Training:** Completion of the Paralegal Apprentice course in residence is mandatory. The course six weeks at Maxwell, AFB, AL.

**Application Procedures:** Please submit a resume that includes all experience relevant to this position, both civilian and military, as well as a statement as to why you are applying for this position NLT the application deadline to Lt Col Robin Peterson, Deputy Staff Judge Advocate, 104<sup>th</sup> FW/JA, Barnes ANGB, 175 Falcon Drive, Westfield, MA 01085. You may also email your resume to robinpeterson@cox.net.

## Chaplains positions available

The Chaplain Office has three enlisted (traditional) Chaplain Assistant positions available: One NCOIC (E-7) position; and two E-4 up to E-6 positions.

According to AFI 52-101: "Chaplain Assistants. As non-clergy members of the Chaplain Corps, chaplain assistants partner with chaplains to form Religious Support Teams (RST). They provide religious program management, advice to leadership, crisis intervention, and unit engagement. . Chaplain assistants are trained to provide spiritual care in a religiously pluralistic environment. The chaplain assistant specialty description is specified in the Air Force Enlisted Classification Directory. The chaplain assistant is vital to the Chaplain Corps mission and will not serve in long-term additional Ready Program duties in accordance with the AFI 10-2501, Air Force Emergency Management (EM) Program Planning and Operations and AFPAM 10-243, Augmentation Duty. Chaplain assistants coordinate and facilitate force protection for chaplains. Chaplain assistants will qualify on the M9 and draw it as their primary weapon.

Religious Support Team (RST): The RST is comprised of one chaplain and one chaplain assistant. The RST provides or provides for religious support (to include rites, religious observances, religious education, unit visitation, and spiritual and/or pastoral care, and provides religious advice to leadership (to include advice concerning spiritual, ethical, moral, morale and religious accommodation matters of personnel, as well as religious issues in the operational area)."

Chaplain Assistants, as Enlisted personnel, attend a 6 week Tech School at the AF Chaplain Corp College at Ft. Jackson, Columbia, SC. A Chaplain Assistant does not have to have any particular religious affiliation nor belief.

POCs: Chaplain Steve Misarski at (413) 568-9151, x698-1057 or DSN 698-1057; or Chaplain Ken DeVoe at (413) 568-9151, x698-1082 or DSN 698-1082; or the Recruiting/Retention Office at (413) 568-9151, x698-1569 or DSN 698-1569.

## Safety position available

Position advertisement expires- 13 September 2015 Dated- 6 June 2015

AFSC Requirement to apply- 2WXXX, 2MXXX, 3E8X1

Position AFSC- 2WXXX, Weapons Safety Manager, SEI 375 Max grade- SMSgt, E-8

Requirements- Attendance in L3AZR2W071-0C2A, Weapons Safety Management Course and Lightning Protection for Air Force Facilities (AMMO 47) course are mandatory if selected. Attendance in the Air force Mishap Investigation Course Non-Aviation (MINA) will be strongly encouraged.

Status- Drill Status Guardsmen and Technicians may apply (AGRs are ineligible) Technician's selection is contingent upon a favorable compatibility waiver from HRO.

Duty Location- 104FW/SEW, Barnes ANGB, Westfield, MA

Duties and Responsibilities-See AFI 91-202 para 9.4, 9.5, and, 9.11 and applicable 2WXXX Career Field Education and Training Plan (CFETP)

Application Procedures- Candidates will submit a one page letter of intent, resume (two-page limit), fitness assessment, and a copy of their vMPF Records Review List (RIP) by e-mail to SMSgt Thomas Dumais at: thomas.dumais@ang.af.mil and Jeffry.Blake@ang.af.mil. Applications must arrive NLT 1630 Hours 13Sep15. Late applications will be returned without action. 104SE will notify non-qualified applicants as soon as possible after receipt. All other applicants will be notified if interviews are required.

## Religion notes

**Protestant Service** on Saturday, Aug. 1, at 11:15 a.m. in the Base Chapel.

**Orthodox/Catholic Mass** on Sunday, Aug. 2, at 11:30 a.m. in the Base Chapel.

Would You please advertise that the Chaplain Office has openings for Chaplain Assistants?

Openings for: NCOIC (Traditional) E-7 (MSgt) and SrA or above. Attendance to 6 Week Tech School Required.

If you need to talk, the Chapel Team will be out and about. You can also stop in for a chat at the Base Chapel (Building 12 aka the Fitness Center) or call ahead at 698-1057.



## Welcome to new members

Jason Dieckhaus	CES	5 Jun 2015
Timothy Bellile	AMXS	6 Jun 2015
Eric Moses	AMXS	16 Jun 2015
Christopher Chaves	AMXS	23 Jun 2015
Lucas Santolini	LRS	24 Jun 2015
Brett Vanderpas	131FS	1 Jul 2015
Travis Jarvi	131FS	1 Jul 2015

## CCTV broadcast line up

**Channel 7** - Video schedule & Base Info

**Channel 9** - Training videos

<u>Morning</u>	<u>Training Video</u>
0900-0940	Forklift Fundamentals and Ops
0940-1013	Confined Space Awareness
1013-1023	Basic Ladder Safety
1023-1053	Lockout/Tagout
1053-1101	FOD Prevention
1101-1108	Copyright Infringement

<u>Afternoon</u>	<u>Training Video</u>
1300-1340	Forklift Fundamentals and Ops
1340-1413	Confined Space Awareness
1413-1423	Basic Ladder Safety
1423-1453	Lockout/Tagout
1453-1501	FOD Prevention
1501-1508	Copyright Infringement



## Promotions

### To Airman (E-2)

Bridgette Nunes MDG



### To Senior Airman (E-4)

Taran Savoie CES  
Jacob Tudisco AMXS



### To Staff Sgt. (E-5)

Shane Coakley SFS  
Luis Colon AMXS  
Raymond Lapointe AMXS  
Cecilio Orta 131FS  
David Wood MDG



### To Technical Sgt. (E-6)

Danielle Lambert FSS

### To Master Sgt. (E-7)

Michael Gardner SFS  
Richard Hutchinson FSS



## Congratulations on your retirements

Col Kenneth Lambrich	FW	1 Sep 2015
MSgt Mark Fortin	FW	7 Sep 2015
TSgt Michael Trombley	LRS	13 Sep 2015
TSgt Robert Percy	MXS	22 Oct 2015
TSgt Michael Pollender	FW	24 Nov 2015
SSgt Sean Canty	LRS	27 Nov 2015



## WHAT'S FOR LUNCH?

### Saturday - 1100-1300

Entrée: Grilled chicken Alfredo w/linguini or beef pot roast w/oven brown potatoes, mixed veggies  
Soup: French onion soup or chicken w/wild rice  
Salad bar: A variety of vegetables, salads, and toppings  
Dessert: Assorted

### Sunday - 1100-1300

Entrée: Ham w/raisin sauce or lemon basil tomato shrimp pasta, mixed veggies  
Soup: French onion soup or chicken w/wild rice  
Salad bar: A variety of vegetables, salads, and toppings  
Dessert: Assorted

**Short order** – Burgers, cheeseburgers, grilled chicken sandwich and curly fries

*AGR & Officer Meal Rate \$5.55*

# Security Forces ANG Awards



*(LtoR) Joseph Carnevale, Col. Ann Ware, Staff Sgt. Joshua Clarke, Col. Ed Kingdon, Chief Master Sgt. Todd Miskelly.*

On July 21, 2015, Officer Joseph Carnevale was named the 2014 Air National Guard Security Forces Civilian of the Year, and Staff Sgt. Joshua Clark was named the 2014 Air National Guard Flight Level Non-Commissioned Officer of the Year. Awards were presented by Col. Ed Kingdon, Air National Guard (ANG) Security Forces Director, and Chief Master Sgt. Todd Miskelly, ANG Security Forces Career Field Manager.

*Photograph by Senior Master Sgt. Robert Sabonis*

## MASSACHUSETTS AIR NATIONAL GUARD

104th Fighter Wing - PA  
Barnes Air National Guard Base  
175 Falcon Drive, Westfield, MA 01805

[www.104fw.ang.af.mil](http://www.104fw.ang.af.mil)  
[www.westfieldairshow.net](http://www.westfieldairshow.net)  
Social media sites:  
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PRIDE,  
PROFESSIONALISM,  
PATRIOTISM

**We're on the Web**  
**WWW.104FW.ANG.AF.MIL**

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